

**VIVEKANAND MAHAVIDYALAYA
K.K. ROAD MOUDHAPARA, RAIPUR (C.G.)**

YOGA DAY

21/06/2023



DURGA EDUCATION SOCIETY'S

VIVEKANAND MAHAVIDYALAYA

A Premier Institution For Quality Education of Commerce & Information Technology

K.K. Road, Moudhapara, Raipur - 492001(C.G.) Ph.No.: 0771-2887918



Ref:

Date: 21/09/2023

Notice

This is to inform all that college is going to start weekly practice of yoga and meditation under Criteria-7 of NAAC. The following faculty members are in this committee.

1. Mr. P.L Sahu
2. Dr. Ashish Dubey

Kindly extend your Co-Operation.


Principal

Vivekanand Mahavidyalaya

Ref: _____

Date: _____

Yoga and meditation





Ref :

Date : _____

Report Yoga and Meditation

Practicing Yoga is known to improve flexibility, balance, endurance and physical strength while Meditation helps to keep the mind sharp and clear relieves stress and improves overall well being. Our college keeping in mind all these benefits has arranged a weekly session on yoga .Experts were Prof Priya verma,Shri Abhishek Kumar Ram and Abira Chatterjee.Around 70 students attended the session alongwith staff.The session was very successful as students enjoyed and learnt from it a lot.

1/1/19

Vivekanand Mahavidyalaya, K.K Road Moudhapara Raipur(C.G)

IQAC Cell
Session- 2022-2023

Attendance sheet

Event:- YOGIA AND MEDITATION SESSION

Date:- 23/09/23

| S.No | Name of Student | Class | Mob. Number | Sign |
|------|------------------|------------------------|-------------|-----------|
| 1 | P. Vandana | BBA III ^{sem} | 8839602936 | Vandana |
| 2 | K. Megha | BBA II | 6269561775 | Megha |
| 3 | Khushi Banerjee | BCA - II | 6285843825 | Khushi |
| 4 | Akshita Suresh | BCA - II | 7470688798 | Akshita |
| 5 | Gunjan Baid | B.com II | 8109902805 | Gunjan |
| 6 | Garima Baid | B.com II | 9829867795 | Garima |
| 7 | Nilanchal Tiwari | B.com I | 7509557978 | Nilanchal |
| 8 | Palak Nagdev | B.com I | 9302380710 | Palak |
| 9 | Sakshi Tiwari | B.com I | 9131452227 | Sakshi |
| 10 | Lijali Prajapati | B.com I | 9691363559 | Lijali |
| 11 | Manini Choudhary | B.com I | 9009897750 | Manini |
| 12 | Tasnim Akhtar | B.com I | 8871154965 | Tasnim |
| 13 | Gitika Singh | B.com I | 9303635806 | Gitika |
| 14 | Amya Kulkarni | B.com I | 9303153074 | Amya |
| 15 | Mahenoor Khan | B.com I | 9399342421 | Mahenoor |
| 16 | Anam Khan | B.com I | 8602297806 | Anam |
| 17 | Ateeh Adhikari | B.com I | 8878563363 | Ateeh |
| 18 | Kashik Janghal | B.com I | 6268937197 | Kashik |
| 19 | Aditya Thakur | B.com I | 9165504378 | Aditya |
| 20 | Urvi Baghel | B.com I | 7898013212 | U. Baghel |
| 21 | Ritika Verma | B.com I | 7725860263 | Ritika |

Vivekanand Mahavidyalaya, K.K Road Moudhapara Raipur(C.G)

IQAC Cell
Session- 2022-2023

Attendance sheet

Event:-

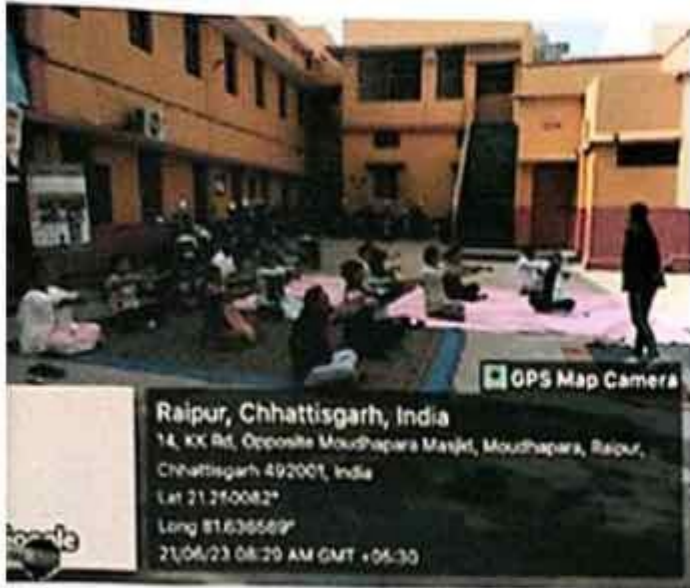
Date:-

| S.No | Name of Student | Class | Mob. Number | Sign |
|------|----------------------|------------------------|-------------|------------|
| 1 | Mahema Janghel | B.COM IIIA | 8349877101 | Mahema |
| 2 | Mugheesha Bano | B.COM IIIA | 6264302496 | Mugheesha |
| 3 | Khushi Taunk | BBAV th Sem | 8770677039 | Khushi |
| 4 | Nikita Raut | BBAV th Sem | 97828616793 | Nikita |
| 5 | Alfiya | BBAV th Sem | 9131003642 | Alfiya |
| 6 | Aditiya Pal | BBAV th Sem | 6261893437 | Aditiya |
| 7 | Meyank Asati | BBAV th Sem | 8319385858 | Meyank |
| 8 | Isha | BBAV th Sem | 9819908290 | Isha |
| 9 | Kusum | BBAV th Sem | 7999759685 | Kusum |
| 10 | Uday | B.COM II | 8226079803 | Uday |
| 11 | Vaibhav Patra | B.COM II | 7415485504 | Vaibhav |
| 12 | Shalinda Sahu | B.COM II | 8899187234 | Shalinda |
| 13 | ROHAN GUPTA | B.COM II | 8349976301 | Rohan |
| 14 | Udayan Majumdar | B.COM II | 7974134728 | Udayan |
| 15 | SK Balcibulla | B.COM II | 871986111 | Balcibulla |
| 16 | Ananya Kumari Verma | B.COM III | 6268775163 | Ananya |
| 17 | Anshika Chandanwashi | B.COM III | 91096376367 | Anshika |
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VIVEKANAND MAHAVIDYALAYARAIIPUR INTERNATIONAL YOGA - DAY 21-06-2023



VIVEKANAND MAHAVIDYALAYA RAIPUR INTERNATIONAL YOGA - DAY 21-06-2023





Ref:

Date 21/06/2023

प्रतिवेदनअंतराष्ट्रीय योग दिवस-2023

योग भारतीय संस्कृति का अभिन्न अंग रहा है। जो आज अंतराष्ट्रीय स्तर पर अपनी एक अलग पहचान बना चुका है इसलिए 21 जून अंतराष्ट्रीय योग दिवस निर्धारित किया गया है। और आज के दिन संपूर्ण विश्व में यह दिवस अंतराष्ट्रीय योग दिवस के रूप में मनाया जाता है। योग की महत्ता को ध्यान में रखते हुए आज 21 जून 2023 को विवेकानंद महाविद्यालय में अंतराष्ट्रीय योग दिवस का कार्यक्रम आयोजित किया गया। इस कार्यक्रम के अंतर्गत महाविद्यालय के समस्त प्राध्यापकगण, कर्मचारियों के द्वारा योग किया गया जिसका निर्देशन योग प्रशिक्षिका सुश्री सुनीता कर्ष द्वारा किया गया।

कार्यक्रम में सर्वप्रथम महाविद्यालय के प्राचार्य डॉ. मनोज मिश्रा ने योग एवं अंतराष्ट्रीय योग दिवस के विषय में महत्वपूर्ण तथ्य प्रस्तुत किए। उन्होंने अपने वक्तव्य में कहा कि स्वस्थ शरीर में स्वस्थ मस्तिष्क का निवास होता है एवं योग निरोगी रहने का आधार है। सुश्री सुनीता कर्ष के द्वारा समस्त प्रकार के योग मुद्राओं का अभ्यास करवाया गया जिसमें सूक्ष्म व्ययाम, सूर्य नमस्कार, धनुरासन, नौकासन, पर्वतासन एवं योग निद्रा शामिल थे। महाविद्यालय के प्राचार्य के साथ-साथ समस्त प्राध्यापकगण एवं कर्मचारियों ने योग का अच्छे से अभ्यास किया एवं महाविद्यालय के हिन्दी प्राध्यापक डॉ. सुशांत चक्रवर्ती ने सबसे उत्कृष्ट योग क्रिया प्रस्तुत किया, उन्हें सर्वोत्तम योग प्रशिक्षु का पुरस्कार देकर सम्मानित किया गया। कार्यक्रम का समापन डॉ. सुशांत चक्रवर्ती, डॉ. आशीष दुबे एवं सुश्री नीरजा तोमर के सुरमय भजन द्वारा हुआ।

कार्यक्रम का सफल संचालन महाविद्यालय के क्रीड़ा अधिकारी श्री पी.एल. साहू एवं वाणिज्य विभाग के प्राध्यापक डॉ. अरुणेश कुमार गुप्ता द्वारा किया गया।

21/06/2023
प्राचार्य

विवेकानंद महाविद्यालय

DR. MANOJ MISHRA

Principal

Vivekanand Mahavidyalaya

RAIPUR (C.G.)





VIVEKANAND MAHAVIDYALAYA

K.K. ROAD, MOUDHAPARA, RAIPUR, (C.G.)

(Run By DURGA EDUCATION SOCIETY)

(Affiliated to Pt. Ravishankar Shukla University, Raipur C.G.)

Internal Quality Assurance Cell

Email : vmiqac1@gmail.com



NOTICE

16.06.2023

This is to inform to all the faculty members that college is going to organise International yoga Day .The following faculty members are appointed as program coordinator for the smooth conduction of International yoga Day to be held on 21.06.2023.

Mr. P.L Sahu

Dr.A.K. Gupta

IQAC Coordinator

Dr.A.K Jha

Principal
16/06/2023
DR. MANOJ KISHOR
Vivekanand Mahavidyalaya
Vivekanand Mahavidyalaya
RAIPUR (C.G.)



VIVEKANAND MAHAVIDYALAYA

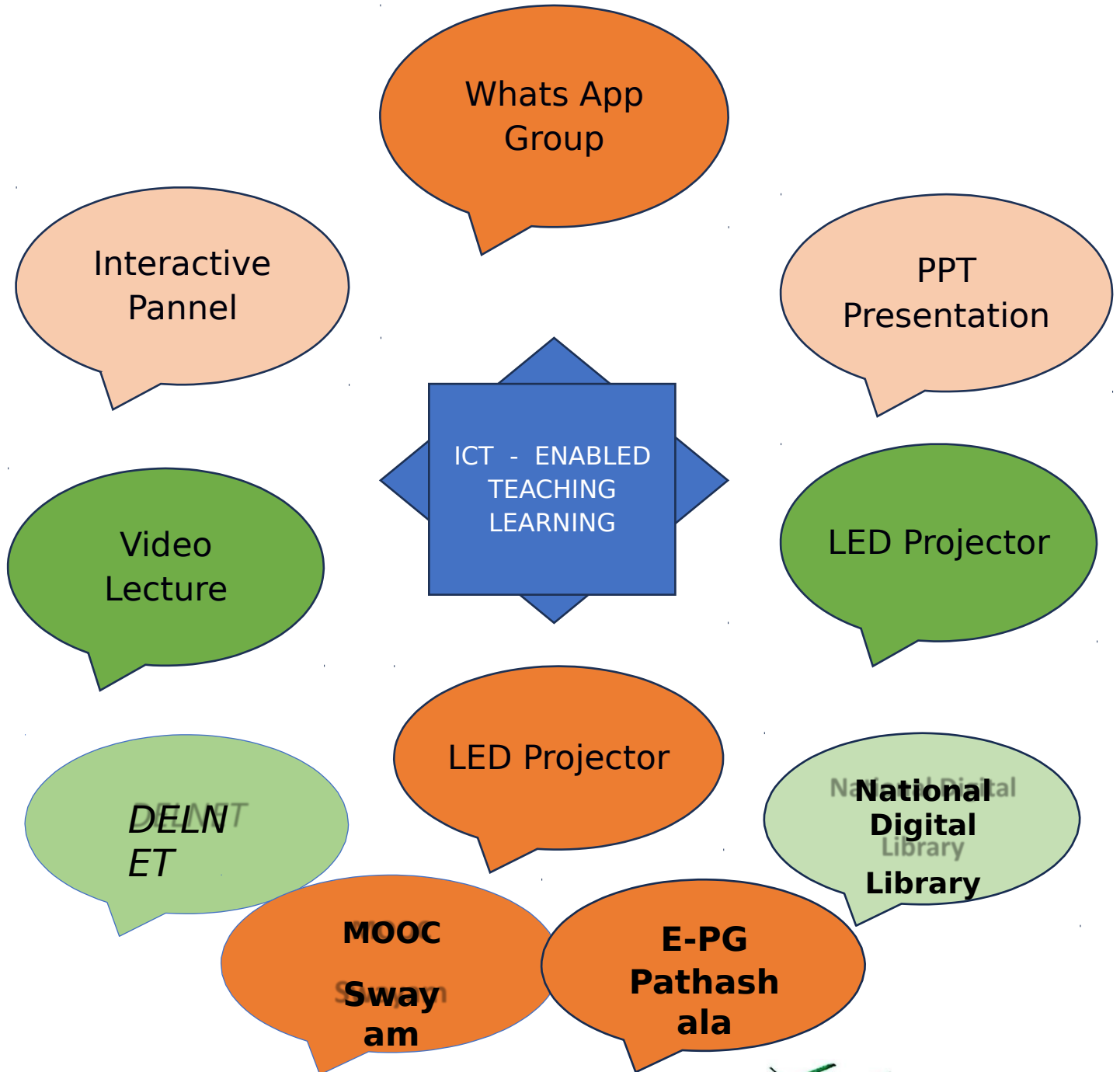
A Premier Institution For Quality Education of Commerce & Information Technology

K.K. Road, Moudhapara, Raipur - 492001(C.G.) Ph.No.: 0771-2887918



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Date : _____



DR. MANOJ MISHRA
Principal
Vivekanand Mahavidyalaya
RAIPUR (C.G.)

Ref :

Date : _____

ICT SUPPORTED LEARNING AND COMPUTER LAB

The college has two well-furnished and fully air-conditioned high-tech multimedia computer labs. The commitment to providing the latest IT infrastructure, software, and internet facilities in these labs reflects a dedication to promote a technologically advanced learning environment. These resources not only enhance student's access to cutting-edge technologies but also contribute significantly to their hands-on experience and skill development in the field of information technology. Such facilities make the college a place where students can engage with modern tools and resources, preparing them for the demands of the ever-evolving digital landscape.



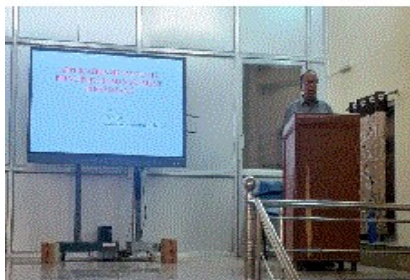

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RAIPUR (C.G.)

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Wisdom Link Network

Vivekanand Mahavidyalaya recently organized a groundbreaking event called Wisdom Link Network, aimed at fostering knowledge exchange among faculty members. The event provided a platform for educators to share their expertise and insights on various topics, enriching the academic community and promoting collaborative learning. The event featured a series of presentations, discussions, and interactive sessions where faculty members from diverse academic backgrounds shared their knowledge and experiences.




DR. MANOJ MISHRA
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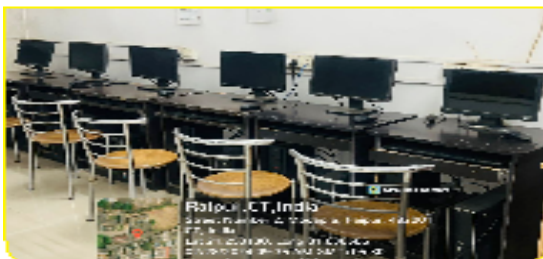
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Date : _____

E-LIBRARY WITH ONLINE RESOURCES

E-resources are rich sources of information for those students who want extra learning materials in addition to their regular classroom activities. There are a number of e-books, reference books, e-journals and other study-oriented material that can make the learning process very easy. So Vivekanand Mahavidyalaya Library Provides huge collection of E- Resources for students. College library has taken membership of DELNET to promote resource sharing among the members.

E-Library in recent years, have witnessed a great metamorphosis in the collection, development and the service structure. A significant transformation has been noticed in collection development policies and practices due to the availability of ICT based resources and services in plenty and had easy access to these resources.



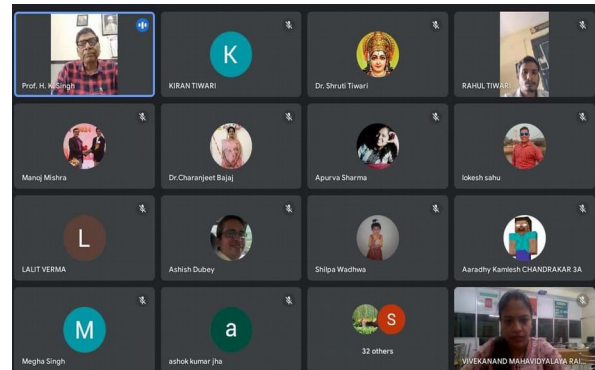
DR. MANOJ MISHRA
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RAIPUR (C.G.)

Ref :

Date : _____

FACULTY DEVELOPMENT PROGRAM (In Hybrid Mode)

A faculty development programme was organized in collaboration with Mahant Laxmi Narayan Das College in hybrid mode. The inaugural session was hosted by Mahant college in which the staff of Vivekananda Mahavidyalaya participated. On the first day, speaker Dr. Rajiv Choudhary gave insight on the Data analysis. The second day, the resource person Dr. R.P. Das, threw light on recent trends in social research. The third day resource person prof. Debabrata Mitra had explained research in detail. The fourth day resource person was prof. H.K. Singh who gave insight about social research and human behavior. Last day, the resource person was Dr. R.K. Brahme who shared his knowledge on challenges in social science. The validictory ceremony was hosted by Vivekananda Mahavidyalaya in which the staff of both colleges had participated.



DR. MANOJ MISHRA
Principal
Vivekanand Mahavidyalaya
RAIPUR (C.G.)

Ref :

Date : _____

STUDENT'S PPT PRESENTATION



DR. MANOJ MISHRA
Principal
Vivekanand Mahavidyalaya
RAIPUR (C.G.)

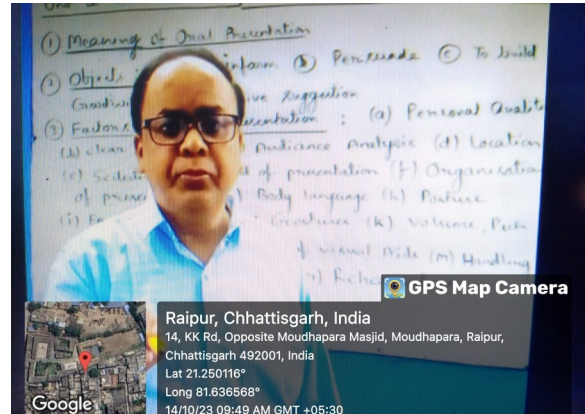
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Date : _____

ICT USE BY TEACHERS



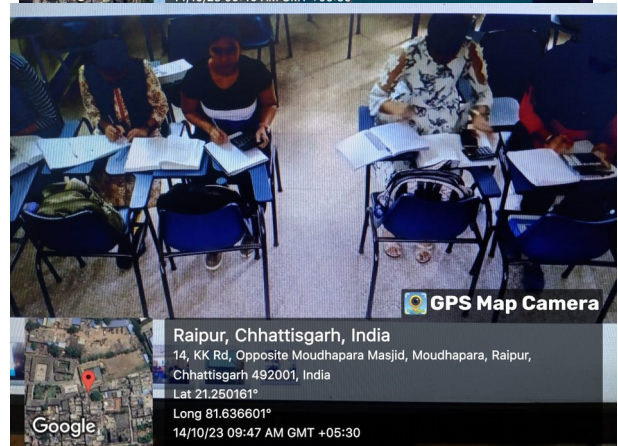
GPS Map Camera
Raipur, Chhattisgarh, India
14, KK Rd, Opposite Moudhapara Masjid, Moudhapara, Raipur, Chhattisgarh 492001, India
Lat 21.250158°
Long 81.636568°
14/10/23 09:53 AM GMT +05:30



GPS Map Camera
Raipur, Chhattisgarh, India
14, KK Rd, Opposite Moudhapara Masjid, Moudhapara, Raipur, Chhattisgarh 492001, India
Lat 21.250116°
Long 81.636568°
14/10/23 09:49 AM GMT +05:30



GPS Map Camera
Raipur, Chhattisgarh, India
14, KK Rd, Opposite Moudhapara Masjid, Moudhapara, Raipur, Chhattisgarh 492001, India
Lat 21.250131°
Long 81.636601°
14/10/23 09:49 AM GMT +05:30



GPS Map Camera
Raipur, Chhattisgarh, India
14, KK Rd, Opposite Moudhapara Masjid, Moudhapara, Raipur, Chhattisgarh 492001, India
Lat 21.250161°
Long 81.636601°
14/10/23 09:47 AM GMT +05:30

DR. MANOJ MISHRA
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“e-Resources for Self-Learning”

To support ICT-enabled teaching, learning, and remote access, the college library also offers QR codes for online resources. Digital library access, E- Ppathshala, virtual lab, DELNET and National Digital Library.

| S.No. | Portal Name | URLs (web links) | QR Codes |
|-------|---|---|---|
| 1. |  | https://swayam.gov.in/ |  |
| 2. |  | https://www.swayamprabha.gov.in |  |
| 3. |  | http://egyankosh.ac.in/ |  |
| 4. |  | https://epgp.inflibnet.ac.in/ |  |


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